



SIDRAN INSTITUTE

Traumatic Stress Education & Advocacy

200 East Joppa Road, Suite 207
Baltimore, Maryland 21286
410-825-8888 (Phone)
410-337-0747 (Fax)
www.sidran.org

For more information about engaging this speaker or trainer, or to learn more about the Sidran Speakers program or Risking Connection® training, please contact Cindy@sidran.org.

www.SidranSpeakers.com
www.RiskingConnection.com

Elizabeth Power

SUMMARY

Recognized internationally as a dynamic speaker, Ms. Power has presented keynotes, workshops, trainings, and in-house consultations for numerous organizations and agencies. She has provided trainings on trauma, self-management, coping with change, and dealing with dissociative disorders for clinicians and consumers. Her book *Managing Ourselves* was translated into Dutch by Ellert Niejenhuis and she was a frequent media guest in the areas of change, dissociative processes, and associative skills. Her Associative Skills or AsK Series of trainings on change, feelings, and boundaries is an award-winning video set.



She has over 20 years experience in the design and development of performance improvement, organization development, and training initiatives in various sectors, including the not-for-profit and healthcare industries. In her work with SAMHSA's National Traumatic Stress Network, her organization designed the implementation tool kit and the conversion process for converting evidence-based treatment protocols for traumatized children to effective treatment training manuals. Her work as the executive director of the North Carolina Rape Crisis Association included the development of planning that resulted in an NIMH-training grant in rape and sexual abuse and the ability of the organization to develop and sustain a statewide network of crisis intervention and prevention programming.

SELECTED PRESENTATION EXPERIENCE

2008

Risking Connection

Center for Clean Start, Worcester County Health Dept., Worcester County, MD

Risking Connection in Faith Communities—*Train the Trainer*
Sidran Institute, Columbia, MD

Risking Connection Pilot
Sidran Institute, Nashville, TN

2007

If Change Is All There is, Choice Is All You've Got: Trust after Trauma
Dept. of Defense, U.S. Army Wounded Warrior Program Symposium, CA

2006

Seize the Moment!
International Society for the Study of Trauma and Dissociation
Annual Conference, Los Angeles, CA
Study Group on Dissociative Disorders
University of Cincinnati Dept of Psychiatry, The Roof Center
Trance and Spirituality
St. Paul's Episcopal Church, Franklin, TN
The Metaphysics of Intention
The Lotus Center, Nashville, TN

2005

Triangle Study Group of the ISSD
The Role of the Invisible in Creating the Visible: Intentions
Nashville, TN

2004

You Can Write It But Can They Read It?
ISTSS

2003

Leadership as a Masterful Art
Blue Ridge Electric Membership Service Retreat, Lenoir, NC
Coping with Change
Women's Resources Center, Hickory, NC
Developing Effective PR and Marketing in the Nonprofit Environment
ISSD

2002

Woman to Woman Series
Catawba Valley Community College
You Can Write It But Can They Read It?
National Child Traumatic Stress Network

1996

If Change Is All There Is, Choice Is All You've Got
International Speaker's Network/TN
From Stigma to Success
TN American Association of Mental Retardation
Coping with Change
National Association for Female Executives, TN
Keynote on Change
Society for Human Resource Management, TN

1995

From Stigma to Success
TN Association for Mental Retardation
Training on MPD and DID
Australia/New Zealand weeklong conference
Associative Skills for Improved Functioning
Eastern Regional Conference on Trauma
If Change Is All There Is, Choice Is All You've Got
Elkanah Counseling for World Vision, Australia
Coping with Change
TN Association of Health Care
Responding to Stress in Children's Lives
TN Child Care Association

1994

Interview on Change Management
National Public Radio, Marketplace
Voice of America Radio
Bloomberg Radio News Syndicate
Multiple Personality and Dissociation
Western Clinical Conference, Irvine, CA
Intervention with Dissociative Disorders
Crisis Call, Nashville, TN
Self-Management Skills for Multiple Personality Clients
Eastern Regional Conference on Trauma

1993

Task Analysis and Presentation Skills for Trainers
UCAR Carbon, Columbia, TN, and Parma, OH
Spirituality in Healing; Feeling Feelings?; Managing Boundaries
Mungadze Association, Survivors Conference, Dallas, TX
Change Management Skills in the Treatment of MPD
Southwest Regional Conference on Abuse and Dissociative Disorders
Tyler, TX

1992

Outcomes Team Facilitation
Gov. Ann Richards's Invitation Conference on Quality in Education, Houston, TX
Guest, NBC Talk Show with Faith Daniels: A Closer Look
Guest, Montel Williams Show
Child Maltreatment: Children and MPD
UNC-Chapel Hill Dept of Psychiatry Lecture
More Than Survival: A Look at Multiple Personality Disorder
International Society for the Study of Multiple Personality
Dissociation and Your Clients
NC Child Protective Services Workers, Raleigh, NC
New Paradigms in Multiplicity
Woodridge Psychiatric Hospital, Johnson City, TN
Coping with Change, Mental Wellness
Victory Center, Johnson City, TN

Improving Mental Health or Curing Mental Illness?
Watauga

RELATED EXPERIENCE

2007-Present

Hillside Family of Agencies

Create replication manual for Hillside Work-Scholarship Connection for the purpose of supporting other agencies in implementing the program in their environment

2006-Present

Children's Institute

Design process for creating evidence-informed holistic curriculum for mothers and children affected by domestic violence

Intuology

Senior consultant in learning and performance

Surgient

Perform curriculum and needs analysis for virtualization technology application and design training

2004-2006

International Society for the Study of Dissociation

Provided consulting services in strategic planning, PR, and organization development

2004-2005

National Center for PTSD, Green River Junction, VT

Created implementation and training manual for the process of setting up and running the Disaster Mental Health Service.

Children's Institute, Los Angeles, CA

Designed and developed working model of domestic violence programs for children and mothers using existing materials and creating new ones.

2004-2002

Domestic Violence Mental Health Policy Institute

Consultant in training and development for start up of project serving both mental health provider and domestic violence shelters

2004

National Child Traumatic Stress Network Center, Durham, NC

Designed and developed implementation tool kit prototype model for EBT protocols; developed and provided consulting services in education and training

2002-2003

Women's Resource Center, Hickory, NC

Served as development consultant on growth and program expansion to this nonprofit serving disenfranchised women

2002

CNC Access, Lenoir, NC

Provided new hire orientation for persons providing direct care to people with disabilities
(person-centered planning, person-first language, etc.)

SELECT PUBLICATIONS

- “Coping with Change: A Human Resources Primer,” in *The Nonprofit Management Handbook*, ed. Tracy D. Connors. John Wiley and Sons, 2001
- “Emergency Technology and the NPO,” in *The Nonprofit Management Handbook*, ed. Tracy D. Connors, John Wiley & Sons, 1999
- “Welcoming the Stranger: Diversity and the NPO,” in *The Nonprofit Management Handbook*, ed. Tracy D. Connors, John Wiley & Sons, 1998
- “To Welcome the Stranger,” *Links*, UMCOM, 1997
- Facilitator's Guide for the Diversity Opportunity Tool*, Power, Elizabeth, and Clayton-Pedersen, Alma, Ph.D., Peabody College at Vanderbilt University, 1996
- “Reducing Resistance to Change,” Stonybrook, Inc., Mt. Juliet, TN 1995 (CBT)
- “Sexual Harassment Sensitivity,” Stonybrook, Inc. Mt. Juliet, TN 1995 (CBT)
- “Time Management,” Stonybrook, Inc. Mt. Juliet, TN 1995 (CBT)
- “EEO Basics,” Stonybrook, Inc. Mt. Juliet, TN 1995 (CBT)
- “The Abilities Deck,” Power, Elizabeth, and Simons, George. Diversophy, Multus, Inc. 1995 (corporate game) San Mateo, CA
- The Associative Skills (AsK) Series of Videos: Taking Charge of Change; The Trouble with Feelings; and Boundaries, Precious Boundaries*, EPower & Associates, 1995
- “Basic TQM Skills and the Management of Multiple Personality Disorder, Readings,” In *TQM*, ed. Harry Costin, Ph.D., Dryden Press, 1994
- “The Way to Excellence,” Association of Quality and Participation, 1990
- Leadership & Values, "The Nonprofit Management Handbook," ed. Tracy D. Connors, John Wiley & Sons, 1992
- A Manual for Clergy Supervision*, The United Methodist Church, 8/94 (Technical editor)
- Managing Our Selves: God in Our Midst*, EPower & Associates, 1992
- Managing Our Selves: Building a Community of Caring*, EPower & Associates, 1992
- “Organizations, Disability and Shame: A Qualitative Application of TQM,” *Journal of Management Science and Policy Analysis*, 6/91
- “If Change is All There Is, Choice Is All You've Got,” EPower & Associates, 1990
- “Circle Of Love: A Child Personal Safety Program,” Jackson Women's Center, 1984
- “CMHC Guide for Working with Sexual Abuse Survivors,” Foothills Mental Health Center, 1977

SELECT AWARDS

ISSD President's Award
Exult Thought Leadership Award
ISSD Media Award
Who's Who in the World
Who's Who in Communications
“Hot 25 Speakers to Watch in America”

EDUCATION

Vanderbilt University, Peabody School of Education, Nashville, TN

M.Ed. in Human Resources Development with emphasis on Organization Development and Systems Thinking

University of North Carolina, Greensboro, NC

B.A. in Sociology and Religious Studies